1 | A Milk Carton

Labels and Dates

Name _____

Date _____

Today is September 12.



ANSWER EACH QUESTION. WRITE ON THE LINE.

1. Write the SELL BY date on this carton.

2. Today is September 12. The SELL BY date has:

already passed **not passed yet**

3. Where does this carton say to keep the milk?

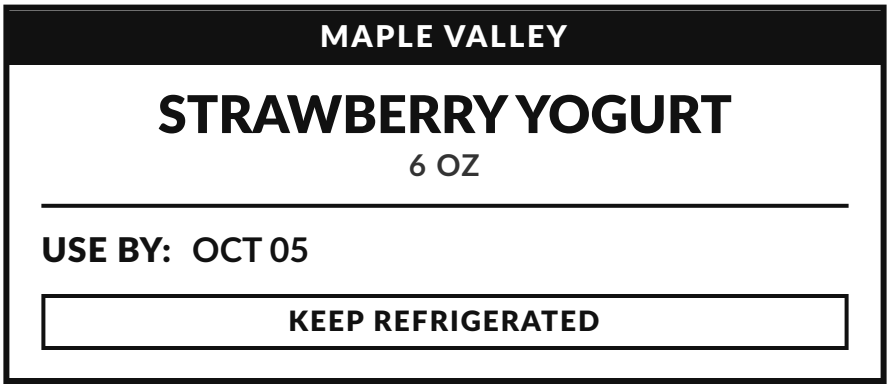
4. The milk is past the date on the carton. The safest thing to do is:

Put it back on the shelf **Ask an adult before you drink it** **Drink it and see**

5. How many days is September 12 after September 8?

Name _____
Date _____

Today is October 7.



ANSWER EACH QUESTION. WRITE ON THE LINE.

1. Write the USE BY date.

2. Today is October 7. This yogurt is:

still good **past its date**

3. How many days past the USE BY date is it?

4. USE BY is a stronger word than BEST BY. USE BY tells you:

the last day the food should be eaten **the day the food was made**

the day the store got it

5. Write one thing you would check before eating it anyway.

Name _____
Date _____

Today is March 10.

HILLSIDE BAKERY

WHOLE WHEAT BREAD

20 SLICES

BEST BY: MAR 14

STORE IN A COOL DRY PLACE

ANSWER EACH QUESTION. WRITE ON THE LINE.

1. Write the BEST BY date.

_____

2. Today is March 10. The BEST BY date is:

already past **still coming**

3. How many days are left until the BEST BY date?

_____

4. Write where the bag says to store the bread.

_____

5. BEST BY tells you when the food will:

taste its best **become unsafe** **go on sale**

4 | **A Medicine Box**
Labels and Dates

Name _____
Date _____

Read the label only. Always ask an adult before taking any medicine.

ALLERGY RELIEF

24 TABLETS

DIRECTIONS: Take 1 tablet every 12 hours

LIMIT: Do not take more than 2 tablets in 24 hours

EXP: JUN 2027

KEEP OUT OF REACH OF CHILDREN

ANSWER EACH QUESTION. WRITE ON THE LINE.

1. How many tablets does the label say to take at one time?

_____

2. How many hours should you wait before the next tablet?

_____

3. Write the most tablets allowed in 24 hours.

_____

4. The box says EXP: JUN 2027. EXP is short for:

expensive **expires** **extra**

5. The warning on the box is about keeping it away from:

heat **children** **water**

5 | **A Clothing Care Tag**
Labels and Dates

Name _____
Date _____

This tag is sewn inside a shirt.

100% COTTON

MACHINE WASH COLD
TUMBLE DRY LOW
DO NOT BLEACH
WARM IRON IF NEEDED

ANSWER EACH QUESTION. WRITE ON THE LINE.

1. Write the fabric this shirt is made of.

2. Write the washing temperature from the tag.

3. The tag says DO NOT BLEACH. That means bleach is:

required **not allowed** **optional**

4. Write the dryer setting the tag asks for.

5. You are sorting laundry. This shirt goes in the:

cold wash pile **hot wash pile**

A Frozen Dinner Box

Labels and Dates

Name _____

Date _____

Read the box before you cook.

GARDEN KITCHEN

VEGETABLE LASAGNA

ONE SERVING

MICROWAVE: 5 minutes on HIGH

THEN: Let stand 2 minutes

BEST BY: JAN 2028

KEEP FROZEN

ANSWER EACH QUESTION. WRITE ON THE LINE.

1. Write the microwave time and power setting.

2. How long does the box say to let it stand afterward?

3. Add the cooking time and the standing time.

4. KEEP FROZEN means the box should be stored in the:

refrigerator **freezer** **pantry**

5. Write the BEST BY date.