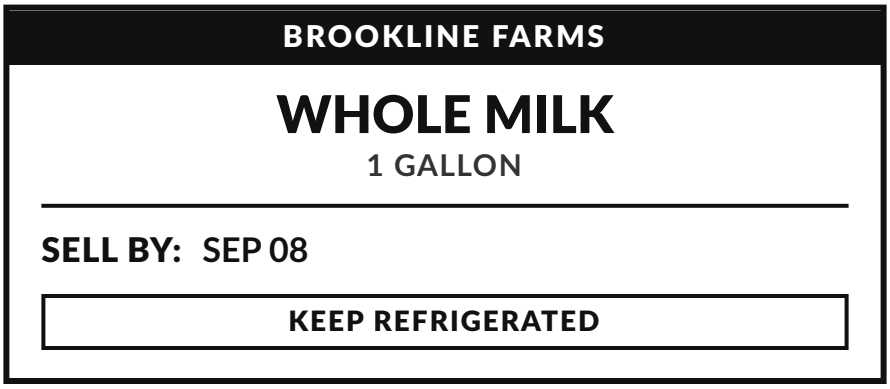
1 | A Milk Carton

Labels and Dates

Name _____

Date _____

Today is September 12.



ANSWER EACH QUESTION IN A FULL SENTENCE.

1. Write the SELL BY date, then write today's date.

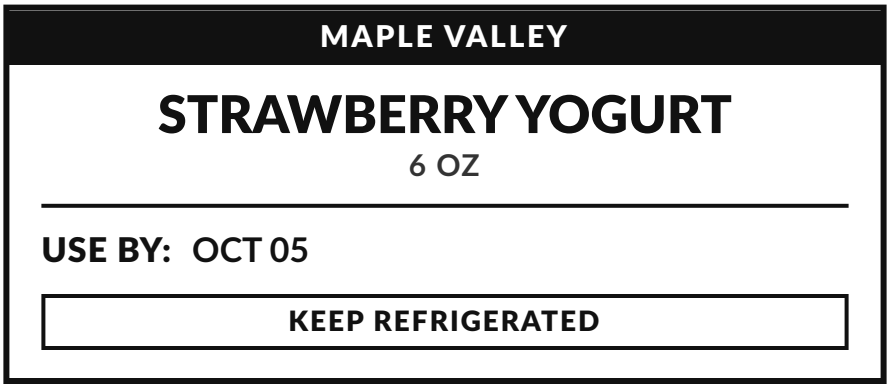
2. How many days past the SELL BY date is the milk?

3. The milk is 4 days past the date. Write what you would do and why.

4. There is another carton at the back of the shelf that says SEP 19. Which carton would you take, and why?

Name _____
Date _____

Today is October 7.



ANSWER EACH QUESTION IN A FULL SENTENCE.

1. Write the USE BY date and today's date.

2. This cup says USE BY. The milk carton said SELL BY. Write what you think is different about those two labels.

3. You find this yogurt in the back of the refrigerator at home. Write the steps you would take before deciding what to do with it.

3 | **A Bread Bag**
Labels and Dates

Name _____
Date _____

Today is March 10.

HILLSIDE BAKERY

WHOLE WHEAT BREAD

20 SLICES

BEST BY: MAR 14

STORE IN A COOL DRY PLACE

ANSWER EACH QUESTION IN A FULL SENTENCE.

1. Write the BEST BY date and count the days until then.

2. The bag says BEST BY, not USE BY. Write what that difference means for how long the bread can be eaten.

3. You are making sandwiches for a trip on March 16. Write what you would do about this loaf.

4 | **A Medicine Box**
Labels and Dates

Name _____
Date _____

Read the label only. Always ask an adult before taking any medicine.

ALLERGY RELIEF

24 TABLETS

DIRECTIONS: Take 1 tablet every 12 hours

LIMIT: Do not take more than 2 tablets in 24 hours

EXP: JUN 2027

KEEP OUT OF REACH OF CHILDREN

ANSWER EACH QUESTION IN A FULL SENTENCE.

1. If you take a tablet at 8:00 AM, when is the next one allowed?

2. Write the expiration date, then write whether it has passed. The year now is 2026.

3. The label gives a limit of 2 tablets in 24 hours. Write why a medicine label would set a limit.

4. Write the three pieces of information you would read on any medicine box before doing anything else.

5 | A Clothing Care Tag

Labels and Dates

Name _____

Date _____

This tag is sewn inside a shirt.

100% COTTON

MACHINE WASH COLD
TUMBLE DRY LOW
DO NOT BLEACH
WARM IRON IF NEEDED

ANSWER EACH QUESTION IN A FULL SENTENCE.

1. List the four care instructions on this tag in order.

2. Write what could happen to this shirt if it were washed hot and dried on high.

3. You are doing a load of laundry and one shirt says wash cold while another says wash warm. Write what you would do.

Name _____
Date _____

Read the box before you cook.

GARDEN KITCHEN

VEGETABLE LASAGNA

ONE SERVING

MICROWAVE: 5 minutes on HIGH

THEN: Let stand 2 minutes

BEST BY: JAN 2028

KEEP FROZEN

ANSWER EACH QUESTION IN A FULL SENTENCE.

1. Write the total time from putting it in the microwave to eating it.

2. You start the microwave at 12:15. Write the time you can eat.

3. Write why the box asks you to let the food stand before eating it.

4. You are cooking this for lunch and you also need to make a drink and set the table. Write the order you would do those things in.